

RTW Barriers Perceived By The Injured Worker

IW-B

What are the most important barriers, obstacles, problems that prevent the injured worker from returning to work? (*Physical Factors? Work Demands? Relationships at Work? Stress at Work / Home / Family? Pre-Injury Job Performance? Sick Days in the Year Prior to the Injury?*)

List the most important things and rank them on a scale of 1-10.

Barrier	Rank

Workplace	Yes	No	Notes
Work Satisfaction			
High Physical Load			
Low Job Control			
Low Supervisor / Co-Worker Support			
Lack of Communication with Supervisor			
Unsafe Work / Ergonomic Design / Equipment			
High Stress / Pace / Demand			
Other Issues			

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Patient's Name: _____ Date: ____ / ____ / ____

Designing a workplace return-to-work program for occupational low back pain: an intervention mapping approach, Carlo Ammendolia, et al. BMC Musculoskeletal Disorders 2009, 10:65; 1471-2474.