



PCS-S

Client No.: _____ Age: _____ Sex: M() F() Date: _____

We are interested in looking at the relationship between thoughts and pain. Please indicate the degree to which you have experienced each of the following thoughts or feelings when your significant other (e.g. partner/spouse) experiences pain by choosing a number for each statement.

0 – not at all **1** – to a slight degree **2** – to a moderate degree **3** – to a great degree **4** – all the time

When my significant other feels pain ...

- 1 I worry all the time about whether his/her pain will end.
- 2 I feel I can't go on.
- 3 It's terrible and I think it's never going to get any better.
- 4 It's awful and I feel that it overwhelms me.
- 5 I feel I can't stand it anymore.
- 6 I become afraid that his/her pain may get worse.
- 7 I think of other of his/her painful experiences.
- 8 I anxiously want his/her pain to go away.
- 9 I can't seem to keep it out of my mind.
- 10 I keep thinking about how much it hurts for him/her.
- 11 I keep thinking about how badly I want his/her pain to stop.
- 12 There's nothing I can do to reduce the intensity of his/her pain.
- 13 I wonder whether something serious may happen.

...Total